

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2020

## Personal Care Activities



3:30-Music With Steven Pate (2<sup>nd</sup> Floor AR)  
New Year's Day

<p>10:00-Walnut Street Baptist Church (2<sup>nd</sup> Floor) 2:00-Resident's Choice</p>	<p>10:00-Coffee &amp; Donuts 1:00-Sit &amp; Fit Class 3:00-Music With Blues Union (2<sup>nd</sup> Floor AR)</p>	<p>10:00-Nail Care 1:00-Pennies In Game 2:00-Walking Club 2:30-Birthday Party With Marie Augustine 5:45-Popcorn &amp; A Movie</p>	<p>10:00-Morning News 11:00-Devotions (OR) 1:00-Sit &amp; Fit Class 2:00-Resident Council Meeting 3:00-Painting Party</p>	<p>10:00-Puzzles &amp; Games 11:00-Rock Steady Fitness (OR) 11:00-Rosary (2<sup>nd</sup> Floor AR) 1:00-Baking Club 2:00-Arts &amp; Crafts 3:00-Bingo</p>	<p>10:00-Coffee &amp; Donuts 1:00-Sit &amp; Fit Class 2:00-Popcorn &amp; A Movie</p>	<p>Activity Room Open for TV, Games, &amp; Visiting. 10:00-Resident's Choice 2:00-Resident's Choice</p>
<p>10:00-Walnut Street Baptist Church (2<sup>nd</sup> Floor) 2:00-Resident's Choice</p>	<p>10:00-Coffee &amp; Donuts 1:00-Sit &amp; Fit Class 3:00-Music With Blues Union (2<sup>nd</sup> Floor AR)</p>	<p>10:00-Nail Care 1:00-Pennies In Game 2:00-Walking Club 2:30-Birthday Party With Marie Augustine 5:45-Popcorn &amp; A Movie</p>	<p>10:00-Morning News 11:00-Devotions (OR) 1:00-Sit &amp; Fit Class 2:00-Resident Council Meeting 3:00-Painting Party</p>	<p>10:00-Puzzles &amp; Games 11:00-Rock Steady Fitness (OR) 11:00-Rosary (2<sup>nd</sup> Floor AR) 1:00-Walking Club 2:00-Arts &amp; Crafts 3:00-Bingo</p>	<p>10:00-Coffee &amp; Current Events 10:30-Balloon Tennis 11:00-Morning Walk 1:00-Sit &amp; Fit Class 3:00-Songs of Joy With Sue Loy</p>	<p>Activity Room Open for TV, Games, &amp; Visiting. 10:00-Resident's Choice 2:00-Resident's Choice</p>
<p>10:00-Walnut Street Baptist Church (2<sup>nd</sup> Floor) 2:00-Resident's Choice</p>	<p>10:00-Discuss &amp; Recall 10:30-Coffee Chat 1:00-Sit &amp; Fit Class 2:00-Bingo 3:30-Misha Feign on Piano &amp; Guitar (2<sup>nd</sup> Floor AR)</p>	<p>10:00-Nail Care 1:00-Musical Saran Wrap Game 2:00-Walking Club 3:30-Music With Tari Martin 5:45-Popcorn &amp; A Movie</p>	<p>9:30-Morning News 10:00-Art Workshop 11:00-Devotions (OR) 1:00-Sit &amp; Fit Exercise Class 2:00-Catholic Mass 3:30-Family Feud Game</p>	<p>10:00-Puzzles &amp; Games 11:00-Rock Steady Fitness (OR) 11:00-Rosary 1:00-Walking Club 2:00-Baking Club 4:30-Music With Kevin Hill (DR)</p>	<p>10:00-Coffee &amp; Current Events 10:30-Morning Walk 11:00-Music With Kim Brown 1:00-Sit &amp; Fit Class 2:30-Happy Hour: Chocolate Milkshakes</p>	<p>Activity Room Open for TV, Games, &amp; Visiting. 10:00-Resident's Choice 2:00-Resident's Choice</p>
<p>10:00-Walnut Street Baptist Church (2<sup>nd</sup> Floor) 2:00-Gabe Evans Duo</p> <p><small>Activity Professionals Week</small></p>	<p>10:00-Life Stories With Laura 10:30-MLK Discussion 1:00-Sit &amp; Fit Class 2:00-Shopping Trip To Kroger 3:30-Bingo</p> <p><small>Martin Luther King Day</small></p>	<p>10:00-Nail Care 1:00-Five-Clues, What is it? 2:00-Walking Club 2:30-Kitchen Creations: Cocoa Dip 5:45-Popcorn &amp; A Movie</p>	<p>9:30-Morning News 10:00-Art Workshop 11:00-Devotions (OR) 1:00-Sit &amp; Fit Class 2:00-Ice Cream Social 3:00-Painting Party</p>	<p>10:00-Puzzles &amp; Games 11:00-Rock Steady Fitness (OR) 11:00-Rosary (2<sup>nd</sup> Floor AR) 1:00-Walking Club 2:00-Crafts With Mel 3:00-Bingo</p>	<p>10:00-Coffee &amp; Current Events 10:30-Ring Toss 11:00-Morning Walk 1:00-Sit &amp; Fit Class 3:00-Music With Gary Grizzle</p>	<p>Activity Room Open for TV, Games, &amp; Visiting. 10:00-Resident's Choice 2:00-Resident's Choice</p> <p><small>Chinese New Year</small></p>
<p>10:00-Walnut Street Baptist Church (2<sup>nd</sup> Floor) 2:00-Resident's Choice</p>	<p>10:00-Life Stories With Laura 10:30-Coffee Chat 1:00-Sit &amp; Fit Class 2:00-Music With Tyrone Cotton 3:30-Bingo</p> <p><small>Australia Day (observed)</small></p>	<p>10:00-Nail Care 1:00-Match up the Famous Duos 2:00-Walking Club 2:30-Kitchen Creations: Strawberry Shortcakes 5:45-Popcorn &amp; A Movie</p>	<p>10:00-Morning News 11:00-Devotions (OR) 1:00-Sit &amp; Fit Class 2:00-Wii Sports 3:30-The Price is Right Game</p>	<p>10:00-Puzzles &amp; Games 11:00-Rock Steady Fitness (OR) 11:00-Rosary (2<sup>nd</sup> Floor AR) 1:00-Walking Club 2:00-Baking Club 3:00-Bingo</p>	<p>10:00-Coffee &amp; Current Events 10:30-Bean Bag Toss 11:00-Morning Walk 1:00-Sit &amp; Fit Class 3:00-Happy Hour: Strawberry Smoothies</p>	<p>Room Location Key AR-Activity Room KR-Kentucky Room OR-Oak Room JR-Jefferson Room DR-Dining Room</p>

\*Activities are subject to change.