

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2020

Treyton Oak Towers – Activity Calendar

							<p>1</p> <p>9:30-Exercise Class (OR)</p> <p>2:00-U of L Basketball U of L vs NC State (JR)</p> <p>7:00-Movie (JR)</p>
<p>2</p> <p>Van to Local Churches</p> <p>2:00-Documentary (JR)</p> <p>6:30-Super Bowl 54 Viewing Party (JR)</p> <p>Groundhog Day</p>	<p>3</p> <p>8:30-Podiatrist (KR)</p> <p>9:30-Resident Bd. Mtg. (JR)</p> <p>9:30-Coffee & Donuts (OR)</p> <p>10:00-Resident Council Mtg.</p> <p>11:00-Grocery Shopping #1 (Goss Avenue Kroger)</p> <p>2:00-Grocery Shopping #2 (Goss Avenue Kroger)</p> <p>7:30-Berlin Philharmonic (JR)</p>	<p>4</p> <p>First Financial Bank – 9 to 11</p> <p>9:30-Exercise Class (OR)</p> <p>10:00-Tai Chi (OR)</p> <p>1:30-Sit and Fit Class (OR)</p> <p>1:30-Book Ladies (KR)</p> <p>2:30-Book Club (KR)</p> <p>2:30-Knitting Club (ML)</p> <p>2:30-Video Lecture Series (JR) "America's Founding Fathers"</p> <p>7:00-Sing-a-Long with Ruth (ML)</p>	<p>5</p> <p>9:30-Flexercise Class (OR)</p> <p>10:15-Yoga Stretch (DR)</p> <p>11:00-AAUW Program (JR) "Historic Theaters of Louisville"</p> <p>11:00-Devotion (OR)</p> <p>1-Blood Pressure Clinic (WC)</p> <p>7:00-TOT's Great Drama Series (JR) Anton Checkhov's</p>	<p>6</p> <p>First Financial Bank – 9 to 11</p> <p>9:00-Aquatics Class</p> <p>9:30-Exercise Class (OR)</p> <p>11-Rock Steady Fitness (OR)</p> <p>11:00-Shopping at Walgreens</p> <p>1:30-Sit and Fit Class (OR)</p> <p>2:00-2019 Income Tax Seminar (JR)</p> <p>2:00-Scrabble (KR)</p> <p>7:00-Movie (JR)</p>	<p>7</p> <p>First Financial Bank – 9 to Noon</p> <p>9:30-Flexercise Class (OR)</p> <p>10:00-Grocery Shopping</p> <p>10:15-Yoga Stretch (OR)</p> <p>10:30-Grief Support Group (DR)</p> <p>10:30-Wii Bowling (KR)</p> <p>12-Papa John's Pizza Party(OR)</p> <p>1:30-BINGO!!!! (OR)</p>	<p>8</p> <p>9:30-Exercise Class (OR)</p> <p>2:00-Movie (JR)</p> <p>4:00- U of L Basketball U of L vs Virginia (JR)</p>	
<p>9</p> <p>Van to Local Churches</p> <p>~Sunday Brunch Buffet~</p> <p>11:30 a.m. to 2:00 p.m.</p> <p>2:00-Documentary (JR)</p> <p>2:15-Depart for Chamber Music Society Concert:</p>	<p>10</p> <p>9:30-Flexercise Class (OR)</p> <p>10:00-Grocery Shopping #1 (Goss Avenue Kroger)</p> <p>10:15-Yoga Stretch (OR)</p> <p>10:30-Resident Art Class (Art Studio – Apt. 1204)</p> <p>2:00-Grocery Shopping #2 (Goss Avenue Kroger)</p> <p>2:00-BUNCO!! (KR)</p> <p>7:30-Berlin Philharmonic</p>	<p>11</p> <p>First Financial Bank – 9 to 11</p> <p>9:30-Exercise Class (OR)</p> <p>10:00-Tai Chi (DR)</p> <p>1:30-Sit and Fit Class (DR)</p> <p>2:30-Knitting Club (ML)</p> <p>2:30-Video Lecture Series (JR) "America's Founding Fathers"</p> <p>7-Sing-a-Long with Ruth</p>	<p>12</p> <p>9:30-Flexercise Class (OR)</p> <p>10:15-Yoga Stretch (DR)</p> <p>11:00-Devotion (OR)</p> <p>1:00-Blood Pressure Clinic (WC)</p> <p>7:00-Funny Bridge (KR)</p> <p>8:00-U of L Basketball (JR) U of L vs Georgia Tech</p>	<p>13</p> <p>First Financial Bank – 9 to 11</p> <p>Galentine's Day Brunch</p> <p>(See Cristi to make your reservation!)</p> <p>9:00-Aquatics Class</p> <p>9:30-Exercise Class (OR)</p> <p>11-Rock Steady Fitness (OR)</p> <p>1:30-Sit and Fit Class (OR)</p> <p>2:00-Scrabble (KR)</p> <p>7:00-Movie (JR)</p>	<p>14</p> <p>First Financial Bank – 9 to Noon</p> <p>HAPPY Valentine's Day</p> <p>9:30-Flexercise Class (OR)</p> <p>10:00-Grocery Shopping</p> <p>10:15-Yoga Stretch (OR)</p> <p>10:30-Wii Bowling (KR)</p> <p>7:00-Movie (JR)</p> <p>Valentine's Day</p>	<p>15</p> <p>9:30-Exercise Class (OR)</p> <p>2:00-Movie (JR)</p> <p>4:00-U of L Basketball U of L vs Clemson (JR)</p>	
<p>16</p> <p>Van to Local Churches</p> <p>1:15-Depart for Kentucky Opera's "Marriage of Figaro"</p> <p>2:00-Documentary (JR)</p> <p>7:00-Movie (JR)</p>	<p>17</p> <p>9:30-Flexercise Class (OR)</p> <p>10:00-Grocery Shopping #1 (Goss Avenue Kroger)</p> <p>10:15-Yoga Stretch (OR)</p> <p>2:00-Grocery Shopping #2 (Goss Avenue Kroger)</p> <p>2:00-BINGO!! (OR)</p> <p>4:30-Dinner at Steak and Bourbon – An American Grill</p> <p>7:30-Berlin Philharmonic (JR) Presidents' Day (US)</p>	<p>18</p> <p>First Financial Bank – 9 to 11</p> <p>9:30-Exercise Class (OR)</p> <p>Wellness Center Open House</p> <p>10 a.m. to 1 p.m.</p> <p>1:30-Sit and Fit Class (OR)</p> <p>2:30-Knitting Club (ML)</p> <p>2:30-Video Lecture Series (JR) "America's Founding Fathers"</p>	<p>19</p> <p>9:30-Flexercise Class (OR)</p> <p>10:15-Yoga Stretch (DR)</p> <p>11-Devotion with Jim Cobban</p> <p>12:00-Birthday Luncheon</p> <p>1-Blood Pressure Clinic (WC)</p> <p>2:00-Catholic Mass (3rd Floor)</p> <p>2:30-The Silvernotes and</p>	<p>20</p> <p>First Financial Bank – 9 to 11</p> <p>9:00-Aquatics Class</p> <p>9:30-Exercise Class (OR)</p> <p>11 Shopping at Dollar Tree</p> <p>11-Rock Steady Fitness (OR)</p> <p>1:30-Sit and Fit Class (OR)</p> <p>2:00-Scrabble (KR)</p> <p>Farewell Reception for Richard Flowers</p> <p>2 to 3 p.m. – Main Lobby</p> <p>7:00-Movie (JR)</p>	<p>21</p> <p>First Financial Bank – 9 to Noon</p> <p>9:30-Flexercise Class (OR)</p> <p>10:00-Grocery Shopping</p> <p>10:15-Yoga Stretch (OR)</p> <p>10:30-Wii Bowling (KR)</p> <p>1:30-"Stretching the Mind" with Dr. Bill Smock - LMPD Clinical Forensic Medicine(OR)</p> <p>4:00-Shabbos Friends (KR)</p>	<p>22</p> <p>9:30-Exercise Class (OR)</p> <p>2:00-Movie (JR)</p> <p>6:00-U of L Basketball U of L vs UNC (JR)</p>	
<p>23</p> <p>Van to Local Churches</p> <p>~Sunday Brunch Buffet~</p> <p>11:30 a.m. to 2:00 p.m.</p> <p>2:00-"Toni Morrison:</p>	<p>24</p> <p>9:30-Flexercise Class (OR)</p> <p>10:00-Grocery Shopping #1 (Goss Avenue Kroger)</p> <p>10:15-Yoga Stretch (OR)</p> <p>10:30-Resident Art Class (Art Studio – Apt. 1204)</p> <p>2:00-Grocery Shopping #2 (Goss Avenue Kroger)</p> <p>2:00-BUNCO!! (KR)</p> <p>7:30-Berlin</p>	<p>25</p> <p>First Financial Bank – 9 to 11</p> <p>Mardi Gras Breakfast</p> <p>9 to 11 a.m. – Fleur de Lis DR</p> <p>9:30-Exercise Class (OR)</p> <p>10:00-Tai Chi (DR)</p> <p>1:30-Sit and Fit Class (OR)</p> <p>2:30-Knitting Club (ML)</p> <p>2:30-Video Lecture Series(JR) "America's Founding Fathers"</p> <p>7:00-The River Cities Band in Concert (OR)</p> <p>Mardi Gras</p>	<p>26</p> <p>9:30-Flexercise Class (OR)</p> <p>10:15-Yoga Stretch (DR)</p> <p>Ash Wednesday Service with Deacon Bill Klump</p> <p>11:00 - Oak Room</p> <p>1-Blood Pressure Clinic (WC)</p> <p>2-Circle of Compassion (KR)</p> <p>Ash Wednesday</p>	<p>27</p> <p>First Financial Bank – 9 to 11</p> <p>9:00-Aquatics Class</p> <p>9:30-Exercise Class (OR)</p> <p>10-"Toni Morrison: The Pieces I Am" (JR)</p> <p>10:45-Depart for The Cafe</p> <p>11-Rock Steady Fitness (OR)</p> <p>1:30-Sit and Fit Class (OR)</p> <p>2:00-Scrabble (KR)</p> <p>7:00-Movie (JR)</p>	<p>28</p> <p>First Financial Bank – 9 to Noon</p> <p>9:30-Flexercise Class (OR)</p> <p>10:00-Grocery Shopping</p> <p>10:15-Yoga Stretch (OR)</p> <p>10:30-Wii Bowling (KR)</p> <p>2:00-Conversation on Race (OR)</p> <p>7:00-Movie (JR)</p>	<p>29</p> <p>9:30-Exercise Class (OR)</p> <p>1:15-Depart for Louisville Ballet's "Antipodes"</p> <p>2:00-Movie (JR)</p> <p>7:00-Movie (JR)</p> <p>Leap Day</p>	