




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>Van to Local Churches ~Sunday Brunch Buffet~ 11:30 a.m. to 2:00 p.m. 2:15- Depart for Bourbon Baroque's performance</p>	<p>2</p> <p>8:30-Podiatrist (KR) 9:30-Resident Bd. Mtg. (JR) 9:30-Coffee & Donuts (OR) 10:00-Resident Council (OR) 11:00-Grocery Shopping #1 (Goss Avenue Kroger) 2-Grief Support Group (KR) 2:00-Grocery Shopping #2 (Goss Avenue Kroger) 7:30-Berlin Philharmonic (JR)</p>	<p>3</p> <p>First Financial Bank 9 to 11 9:30-Exercise Class(OR) 10:00-Tai Chi Class (OR) 1:30-Sit and Fit (OR) 1:30-Book Ladies (KR) 2:30-Book Club (KR) 2:30-Knitting Group (ML) 2:30-Video Lecture Series (JR) 7:00-Video Lecture Repeat (JR) 7:00-Christmas Carol Sing-a-Long with Ruth French (ML)</p>	<p>4</p> <p>9:30-Flexercise Class (OR) 10:15-Yoga Stretch (KR) 11-Devotion with Bill Klump 11:00-AAUW Program (JR) <i>"Fresh and Up-To-The- Minute Look at the Middle East" with Roy Martin</i> 1-Blood Pressure Clinic (WC) 2-Lobby Tree Trimming Party 7-TOT's Great Drama Series Bernard Shaw's <i>"Arms and the Man"</i> (JR)</p>	<p>5</p> <p>First Financial Bank 9 to 11 9:00-Aquatics Class 9:30-Exercise Class(OR) 11:00-Shopping at Walgreens 11-Rock Steady Fitness (OR) 1:30-Sit and Fit (OR) 2:00-Scrabble (KR) <i>Loretta Clark's 100th Birthday Celebration - 2 to 3:30 p.m. (ML)</i> 7:00-Movie (JR)</p>	<p>6</p> <p>First Financial Bank 9 to Noon 9:30-Flexercise Class (OR) 10:00-Grocery Shopping 10:15-Yoga Stretch (OR) 10:30-Wii Bowling (KR) 1:30-BINGO!! (OR) 7:00-Movie (JR) 9:00-U of L Basketball vs Pittsburgh (JR)</p>	<p>7</p> <p>9:30-Exercise Class (OR) 2:00-Movie (JR) 7:00-Movie (JR)</p>
<p>8</p> <p>Van to Local Churches 2:00- Movie (JR) 7:00-Movie (JR)</p>	<p>9</p> <p>9:30-Flexercise Class (OR) 10:00-Grocery Shopping #1 (Goss Avenue Kroger) 10:15-Yoga Stretch (OR) 10:30-Resident Art Class (Art Studio – Apt. 1204) 2:00-Grocery Shopping #2 (Goss Avenue Kroger) 2:00-Harry Pickens in Concert 7:30-Berlin Philharmonic (JR)</p>	<p>10</p> <p>First Financial Bank 9 to 11 9:30-Exercise Class(OR) 10:00-Tai Chi Class (OR) 1:30-Sit and Fit (OR) 2:00-West End School Project 2:30-Knitting Group (ML) 2:30-Video Lecture Series (JR) <i>"America's Founding Fathers"</i> 7:00-Video Lecture Repeat (JR) 7:00-Christmas Carol Sing-a-Long with Ruth French (ML)</p>	<p>11</p> <p>9:30-Flexercise Class (OR) 10:15-Yoga Stretch (KR) 11:00-Devotion with Rev. Mark Williams (OR) 12-December Birthday Lunch 1-Blood Pressure Clinic (WC) 2:00-Christmas Tunes with Cindy Potts (MLR) 7:00-Funny Bridge (KR)</p>	<p>12</p> <p>First Financial Bank 9 to 11 9:00-Aquatics Class 9:30-Exercise Class(OR) 11-Shopping at Dollar Tree 11-Rock Steady Fitness (OR) 1:30-Sit and Fit (OR) Holiday Open House 3 to 6 </p>	<p>13</p> <p>First Financial Bank 9 to Noon 9:30-Flexercise Class (KR) 10:00-Grocery Shopping Our Lady of Lourdes School Presents: "Around the World It's Christmas!" (OR) 10:15-Yoga Stretch 10:30-Wii Bowling (KR) 2:00-Cast Party with Jay (OR) 7:00-Movie (JR)</p>	<p>14</p> <p>9:30-Exercise Class (KR) "He Will Reign" Presented by First Baptist Church of Middletown 11:00 a.m. - Oak Room 12:00-U of L Basketball vs Eastern Kentucky (JR) 7:00-Movie (JR)</p>
<p>15</p> <p>Van to Local Churches ~Sunday Brunch Buffet~ 11:30 a.m. to 2:00 p.m. 7:00-Movie (JR)</p>	<p>16</p> <p>9:30-Flexercise Class (OR) 10:00-Grocery Shopping #1 (Goss Avenue Kroger) 10:15-Yoga Stretch (OR) 2:00-Grocery Shopping #2 (Goss Avenue Kroger) 2:00-BUNCO (KR) 7:30-Berlin Philharmonic (JR)</p>	<p>17</p> <p>First Financial Bank 9 to 11 9:30-Exercise Class(OR) 10:00-Tai Chi Class (OR) 1:30-Sit and Fit (OR) 2:30-Knitting Group (ML) 2:30-Video Lecture Series (JR) <i>"America's Founding Fathers"</i> Christmas Candlelight Dinner 5 p.m. – Pre-Dinner Gathering (ML) 6 p.m. – Dinner (Fleur de Lis DR)</p>	<p>18</p> <p>9:30-Flexercise Class (OR) 10:15-Yoga Stretch (KR) Christmas Candlelight Devotion with Dr. Jim Cobban 11:00 a.m. – Oak Room 1-Blood Pressure Clinic (WC) 2:00-Catholic Mass (3rd Floor) 7:00-Ostling's Night at the Opera (JR) <i>Verdi's "La Traviata"</i></p>	<p>19</p> <p>First Financial Bank 9 to 11 **Reminder...there will be NO Lunch Service today due to the Employee Christmas Party 9:00-Aquatics Class 9:30-Exercise Class(OR) 11-Rock Steady Fitness (OR) 1:30-Sit and Fit (OR) 2:00-Scrabble (KR) 7:00-Movie (JR)</p>	<p>20</p> <p>First Financial Bank 9 to Noon 9:30-Flexercise Class (OR) 10:00-Grocery Shopping 10:15-Yoga Stretch (OR) 10:30-Wii Bowling (KR) 11:00-Cantor Lipp's Chanukkah Program (OR) 2:00-Carols and Cocoa (ML) 4:00-Shabbos Friends (KR) 7:00-Movie (JR)</p>	<p>21</p> <p>9:30-Exercise Class (OR) 2:00-Movie (JR) Chinese Christian Church of Louisville Youth Performing Troupe Program 6:30 – Oak Room 7:00-Movie (JR)</p> <p>Winter Begins</p>
<p>22</p> <p>Van to Local Churches 2:00-Movie (JR) 7:00-Movie (JR)</p>	<p>23</p> <p>9:30-Flexercise Class (OR) 10:00-Grocery Shopping #1 (Goss Avenue Kroger) 10:15-Yoga Stretch (OR) 10:30-Resident Art Class (Art Studio – Apt. 1204) 2:00-Grocery Shopping #2 (Goss Avenue Kroger) 7:30-Berlin Philharmonic (JR) First Day of Hanukkah</p>	<p>24</p> <p>First Financial Bank 9 to 11 9:30-Exercise Class(OR) 10:00-Tai Chi Class (OR) Christmas Eve Brunch 11:30 a.m. to 2:00 p.m. 1:30-Sit and Fit (OR) 2:30-Knitting Group (ML)</p>	<p>25</p> <p>Christmas Day Buffet 11:30 a.m. to 2:00 p.m. </p>	<p>26</p> <p>First Financial Bank 9 to 11 9:00-Aquatics Class 9:30-Exercise Class(OR) 11:00-Rock Steady Fitness 1:30-Sit and Fit (OR) 2:00-Scrabble (KR) 7:00-Movie (JR)</p> <p>Kwanzaa Begins</p>	<p>27</p> <p>First Financial Bank 9 to Noon 9:30-Flexercise Class (OR) 10:00-Grocery Shopping 10:15-Yoga Stretch (OR) 10:30-Wii Bowling (KR) 12:00-Pizza Party (OR) 1:30-BINGO!! (OR) 7:00-Movie (JR)</p>	<p>28</p> <p>9:30-Exercise Class (OR) 3:45-Men's Basketball University of Louisville vs University of Kentucky 7:00-Movie (JR)</p>
<p>29</p> <p>Van to Local Churches ~Sunday Brunch Buffet~ 11:30 a.m. to 2:00 p.m. 7:00-Movie (JR)</p>	<p>30</p> <p>9:30-Flexercise Class (OR) 10:00-Grocery Shopping #1 (Goss Avenue Kroger) 10:15-Yoga Stretch (OR) 2:00-Grocery Shopping #2 (Goss Avenue Kroger) 2:00- BUNCO (KR) 7:30-Berlin Philharmonic (JR)</p>	<p>31</p> <p>First Financial Bank 9 to 11 9:30-Exercise Class(OR) 10:00-Tai Chi Class (OR) New Year's Eve Brunch 11:30 a.m. to 2:00 p.m. 1:30-Sit and Fit (OR) 2:30-Knitting Group (ML)</p>	<p>December 2019 </p> <p>Treyton Oak Towers – Activity Calendar</p>			