

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2019

Treyton Oak Towers ~ Activity Calendar

ROOM LOCATION KEY:

DR=Dehoney Room, KR=Kentucky Room, JR=Jefferson Room, ML=Main Lobby, WC=Wellness Center

				<p>First Financial Bank 9 to 11 1</p> <p>9:00-Depart for Aquatics 9:30-Exercise Class (OR) 11:00-Shopping at Walgreens 11-Fight Back with Fitness(OR) 1:30-Sit and Fit Class (OR) 2:00-Scrabble (KR) 7:00-Movie (JR)</p>	<p>First Financial Bank 9 to 11 2</p> <p>9:30-Flexercise Class (OR) 10:00-Grocery Shopping (Goss Avenue Kroger) 10:15-Yoga Stretch (DR) 10:30-Wii Bowling (KR) 7:00-Movie (KR)</p>	<p>3</p> <p>9:30-Exercise Class (OR) 2:00-Movie (JR) 7:00-Movie (JR)</p>
<p>4</p> <p>Van to Local Churches 1:30- Depart for Canto production of "Carmen" at U of L 2:00-Movie (JR) 7:00-Movie (JR)</p>	<p>5</p> <p>9:30-Resident Bd. Mtg. (JR) 9:30-Coffee & Donuts (OR) 10:00-Resident Council (OR) 11:00-Grocery Shopping #1 (Goss Avenue Kroger) 2:00-Grocery Shopping #2 (Goss Avenue Kroger) 2-Grief Support Group (DR) 7:30-Berlin Philharmonic (JR)</p>	<p>First Financial Bank 9 to 11 6</p> <p>9:30-Exercise Class (OR) 10:00-Tai Chi (OR) 11-Rock Steady Boxing (OR) 1:30-Sit and Fit Class (OR) 1:30-Book Ladies (KR) 2:30-Knitting Group (ML) 2:30-Video Lecture (JR) "A History of European Art" 7:00-Video Lecture Repeat</p>	<p>7</p> <p>9:30-Flexercise Class (OR) 10:15-Yoga Stretch (DR) 11:00-Devotion with Deacon Bill Klump (OR) 1-Blood Pressure Clinic (WC) 2:45-Ice Cream Treats (ML) 7:00-TOT's Great Drama Series: Edward Albee's <i>Who's Afraid of Virginia Woolf?</i></p>	<p>First Financial Bank 9 to 11 8</p> <p>9:00-Depart for Aquatics 9:30-Exercise Class (OR) 10:45-Depart for Lunch at Mike Linnigs 11-Fight Back with Fitness(OR) 1:30-Sit and Fit Class (OR) 2:00-Scrabble (KR)</p>	<p>First Financial Bank 9 to 11 9</p> <p>9:30-Flexercise Class (OR) 10:00-Grocery Shopping (Goss Avenue Kroger) 10:15-Yoga Stretch (DR) 10:30-Wii Bowling (KR) 12:00-In-Door/Cook-Out (OR) 7:00-Movie (KR)</p>	<p>10</p> <p>9:30-Exercise Class (OR) 11:00-BINGO!!! (OR) 2:00-Movie (JR) 7:00-Movie (JR)</p>
<p>11</p> <p>Van to Local Churches ~Sunday Brunch Buffet~ 11:30 a.m. to 2:00 p.m. 2:00-Movie (JR)</p>	<p>12</p> <p>9:30-Flexercise Class (OR) 10:00-Grocery Shopping #1 (Goss Avenue Kroger) 10:15-Yoga Stretch (DR) 10:30-Resident Art Class (Art Studio – Apt. 1204) 2:00-Grocery Shopping #2 (Goss Avenue Kroger) 2:00-BUNCO!! (KR) 7:30-Berlin Philharmonic (JR)</p>	<p>First Financial Bank 9 to 11 13</p> <p>9:30-Exercise Class (OR) 10:00-Tai Chi (OR) 11-Rock Steady Boxing (OR) 1:30-Sit and Fit Class (OR) 2:30-Knitting Group (ML) 2:30-Video Lecture (JR) "A History of European Art" 7:00-Video Lecture Repeat</p>	<p>14</p> <p>9:30-Flexercise Class (OR) 10:15-Yoga Stretch (DR) 11:00-Devotion with Dr. Jim Cobban (OR) 1-Blood Pressure Clinic (WC) 2:45-Ice Cream Treats (ML) 7:00-Funny Bridge (KR)</p>	<p>First Financial Bank 9 to 11 15</p> <p>9:00-Depart for Aquatics 9:30-Exercise Class (OR) 11-Fight Back with Fitness(OR) 1:30-Sit and Fit Class (OR)</p> <p> Island Oasis LUAAU!!!  3 to 5 - Party 4:30 to 6:30-Luau Buffet</p>	<p>First Financial Bank 9 to 11 16</p> <p>9:30-Flexercise Class (OR) 10:00-Grocery Shopping (Goss Avenue Kroger) 10:15-Yoga Stretch (DR) 10:30-Wii Bowling (KR) 1:30-Stretching the Mind (OR) 4:00-Shabbos Friends (KR)</p>	<p>17</p> <p>9:30-Exercise Class (OR) 2:00-Movie (JR) 7:00-Movie (JR)</p>
<p>18</p> <p>Van to Local Churches 2:00-Movie (JR) 7:00-Movie (JR)</p>	<p>19</p> <p>9:30-Flexercise Class (OR) 10:00-Grocery Shopping #1 (Goss Avenue Kroger) 10:15-Yoga Stretch (DR) 1:30-BINGO!!! (OR) 2:00-Grocery Shopping #2 (Goss Avenue Kroger) 4:30-Dinner at Coal's Pizza 7:30-Berlin Philharmonic (JR)</p>	<p>First Financial Bank 9 to 11 20</p> <p>9:30-Exercise Class (OR) 10:00-Tai Chi (OR) 11-Rock Steady Boxing (OR) 1-Parkinson's Support Group (DR) 1:30-Sit and Fit Class (OR) 2:30-Knitting Group (ML) 2:30-Video Lecture (JR) "A History of European Art" 7:00-Video Lecture Repeat</p>	<p>21</p> <p>9:30-Flexercise Class (OR) 10:15-Yoga Stretch (DR) 11:00-Devotion with Chaplain Terry Emery (OR) 12:00-August Birthday Lunch 1-Blood Pressure Clinic (WC) 2:00-Catholic Mass (3rd Floor) 2:45-Ice Cream Treats (ML) 7-Ostling's Night at the Opera(JR) <i>Rise and Fall of the</i></p>	<p>First Financial Bank 9 to 11 22</p> <p>9:00-Depart for Aquatics 9:30-Exercise Class (OR) 11-Shopping at Dollar Tree 11-Fight Back with Fitness(OR) 1:30-Sit and Fit Class (OR) 2:00-Scrabble (KR) 7:00-Movie (JR)</p>	<p>First Financial Bank 9 to 11 23</p> <p>9:30-Flexercise Class (OR) 10:00-Grocery Shopping (Goss Avenue Kroger) 10:15-Yoga Stretch (DR) 10:30-Wii Bowling (KR) 7:00-Movie (KR)</p>	<p>24</p> <p>9:30-Exercise Class (OR) 2:00-Movie (JR) 7:00-Movie (JR)</p>
<p>25</p> <p>Van to Local Churches ~Sunday Brunch Buffet~ 11:30 a.m. to 2:00 p.m. 2:00-Movie (JR)</p>	<p>26</p> <p>8:30-Dr. Scott, Podiatrist(KR) 9:30-Flexercise Class (OR) 10:00-Grocery Shopping #1 (Goss Avenue Kroger) 10:15-Yoga Stretch (DR) 10:30-Resident Art Class (Art Studio – Apt. 1204) 2:00-Grocery Shopping #2 (Goss Avenue Kroger) 2:00-BUNCO!! (KR) 7:30-Berlin Philharmonic (JR)</p>	<p>First Financial Bank 9 to 11 27</p> <p>9:30-Exercise Class (OR) 10:00-Tai Chi (OR) 11-Rock Steady Boxing (OR) 1:30-Sit and Fit Class (OR) 2:30-Knitting Group (ML) 2:30-Video Lecture (JR) "A History of European Art" 7:00-Video Lecture Repeat</p>	<p>28</p> <p>9:30-Flexercise Class (OR) 10:15-Yoga Stretch (DR) 11:00-Devotion with Rev. Cody Nygard (OR) 1-Blood Pressure Clinic (WC) 2-Circle of Compassion (KR) 2:45-Ice Cream Treats (ML) 7:00-Funny Bridge (KR)</p>	<p>First Financial Bank 9 to 11 29</p> <p>9:00-Depart for Aquatics 9:30-Exercise Class (OR) 10:30-Lunch at Whistle Stop 11-Fight Back with Fitness(OR) 1:30-Sit and Fit Class (OR) 2:00-Scrabble (KR) 7:00-Movie (JR)</p>	<p>First Financial Bank 9 to 11 30</p> <p>9:30-Flexercise Class (OR) 10:00-Grocery Shopping (Goss Avenue Kroger) 10:15-Yoga Stretch (DR) 10:30-Wii Bowling (KR) 2:00-Conversation on Race 7:00-Movie (KR)</p>	<p>31</p> <p>9:30-Exercise Class (OR) Memorial for Sue Hull 2:00 p.m. – Oak Room 2:00-Movie (JR)</p>