

Sunday

Monday

Tuesday

Wednesday

Thursday


Friday

Saturday



May 2019

Treyton Oak Towers - Activity

<p>Van to Local Churches 2:00-Movie (JR) 7:00-Movie (JR)</p> <p><small>Cinco de Mayo</small></p>	<p>5 9:30-Resident Board Mtg. (JR) 9:30-Coffee and Donuts (OR) 10-Resident Council Mtg (OR) 11:00-Grocery Shopping #1 (Goss Avenue Kroger) 2:00-Grocery Shopping #2 2-"The Southern Exposition" Filson Historical Society (OR) 2:00-Bible Study (KR)</p>	<p>7 First Financial Bank - 9 to 11 9:30-Exercise Class (OR) 10:00-Tai Chi (DR) 11-Rock Steady Boxing (OR) 1:30-Sit and Fit (OR) 1:45-Book Ladies (KR) 2:30-Book Club (KR) 2:30-Knitting Group (ML) 2:30-Video Lecture Series</p>	<p>8 9:30-Flexercise Class (OR) 10:15-Yoga Stretch (DR) 11:00-Devotion with Deacon Bill Klump (OR) 1-Blood Pressure Clinic (WC) 1:30-BINGO!!! (OR) 2:45-Ice Cream Treats (RP) 7:00-Funny Bridge (KR)</p>	<p>9 First Financial Bank - 9 to 11 9:00-Aquatics Class 9:30-Exercise Class (OR) 11:00-Fight Back with Fitness 11:00-Shopping at Walgreens 1:30-Sit and Fit Class (OR) 2:00-Scrabble (KR) 3-Music with Cindy</p>	<p>10 First Financial Bank - 9 to Noon 9:30-Flexercise Class (OR) 9:30-Coffee Concert Bus #1 10:00-Coffee Concert Bus #2 10:15-Yoga Stretch (OR) 10:30-Coffee Concert Bus #3 10:30-Wii Bowling (KR) 2:00-Shopping at Kroger 2:30-Circle of Compassion "M & M" Project (OR) 7:00-Movie (JR)</p>	<p>11 9:30-Exercise Class (OR) 2:00-Movie (JR) 7:00-Movie (JR)</p> <p>Derby Day Buffet 11:30 a.m. to 2 p.m. 6:50 Kentucky Derby 145</p>
<p>Van to Local Churches ~Mother's Day Buffet~ 11:30 a.m. to 2:00 p.m. 2:00-Movie (JR) 7:00-Movie (JR)</p> <p><small>Mother's Day</small></p>	<p>13 9:30-Flexercise Class 10-Grocery Shopping #1 (Goss Avenue Kroger) 10:15-Yoga Stretch (OR) 10:30-Resident Art Class (Art Studio - Apt. 1204) 2:00-Grocery Shopping #2 (Goss Avenue Kroger) 2:00-BUNCO (DR) 7:30-Berlin Philharmonic</p>	<p>14 First Financial Bank - 9 to 11 9:30-Exercise Class (OR) 10:00-Tai Chi (DR) 11-Rock Steady Boxing (OR) 1:30-Sit and Fit (OR) 2:30-Knitting Group (ML) 2:30-Video Lecture Series (JR)</p>	<p>15 9:30-Flexercise Class (OR) 10:15-Yoga Stretch (DR) 11:00-Devotion with Dr. Jim Cobban (OR) 12:00-May Birthday Lunch 1-Blood Pressure Clinic (WC) 2:00-Catholic Mass (3rd Floor) 2:45-Ice Cream Treats (RP)</p>	<p>16 First Financial Bank - 9 to 11 9:00-Aquatics Class 9:30-Exercise Class (OR) 11:00-Fight Back with Fitness 11:00-Depart for Lunch at Claudia Sanders Dinner House, Shelbyville 1:30-Sit and Fit Class (OR) 2:00-Scrabble (KR)</p>	<p>17 First Financial Bank - 9 to Noon 9:30-Flexercise Class (OR) 10:00-Shopping at Kroger 10:15-Yoga Stretch (OR) 10:30-Wii Bowling (KR) 11:15- Day at the Races 4:00-Shabbos Friends (KR) 7:00-Movie (JR)</p>	<p>18 9:30-Exercise Class (OR) 2:00-Movie (JR) 7:00-Movie (JR)</p> <p><small>Armed Forces Day</small></p>
<p>Van to Local Churches 2:00-Movie (JR) 7:00-Movie (JR)</p>	<p>19 8:30-Dr. Scott, Podiatrist 9:30-Flexercise Class 10-Grocery Shopping #1 (Goss Avenue Kroger) 10:15-Yoga Stretch (OR) 1:30-BINGO!!! (OR) 2:00-Grocery Shopping #2 (Goss Avenue Kroger) 4:30-Depart for Bonefish Grill</p> <p><small>Victoria Day (Canada)</small></p>	<p>21 First Financial Bank - 9 to 11 9:30-Exercise Class (OR) 10:00-Tai Chi (DR) 11-Rock Steady Boxing (OR) 1:00-Parkinson's Support Group (DR) 1:30-Sit and Fit (OR) 2:30-Knitting Group (ML) 2:30-Video Lecture Series</p>	<p>22 9:30-Flexercise Class (OR) 10:15-Yoga Stretch (DR) 11:00-Devotion with Cody Nygard (OR) 1-Blood Pressure Clinic (WC) 2:45-Ice Cream Treats (RP) 7:00-Funny Bridge (KR)</p>	<p>23 First Financial Bank - 9 to 11 9:00-Aquatics Class 9:30-Exercise Class (OR) 11:00-Fight Back with Fitness 1:30-Sit and Fit Class (OR) 2:00-Scrabble (KR) 3-Music with Cindy Potts(ML)</p>	<p>24 First Financial Bank - 9 to Noon 9:30-Flexercise Class (OR) 10:00-Shopping at Kroger 10:15-Yoga Stretch (OR) 10:30-Wii Bowling (KR) 1:30-Stretching the Mind (OR) 7:00-Movie (JR)</p>	<p>25 9:30-Exercise Class (OR) 2:00-Movie (JR) 7:00-Movie (JR)</p>
<p>Van to Local Churches ~Sunday Brunch Buffet~ 11:30 a.m. to 2:00 p.m. 2:00-Movie (JR) 7:00-Movie (JR)</p>	<p>26 Memorial Day Cookout Buffet 11:30 a.m. to 2:00 p.m.</p>  <p>7:30-Berlin Philharmonic (JR)</p> <p><small>Memorial Day</small></p>	<p>28 First Financial Bank - 9 to 11 9:30-Exercise Class (OR) 10:00-Tai Chi (DR) 11-Rock Steady Boxing (OR) 1:30-Sit and Fit (OR) 2:30-Knitting Group (ML) 2:30-Video Lecture Series (JR)</p>	<p>29 9:30-Flexercise Class (OR) 10:15-Yoga Stretch (DR) *No Devotion today* 1:00-Blood Pressure Clinic (WC) 2-Circle of Compassion (KR) 3:00-Ice Cream Treats (RP) 7:00-Special Presentation(JR)</p>	<p>30 First Financial Bank - 9 to 11 9:00-Aquatics Class 9:30-Exercise Class (OR) 11:00-Fight Back with Fitness 11:00-Lunch at Kingfish on the River 1:30-Sit and Fit Class (OR) 2:00-Scrabble (KR)</p>	<p>31 First Financial Bank - 9 to Noon 9:30-Flexercise Class (OR) 10:00-Shopping at Kroger 10:15-Yoga Stretch (OR) 10:30-Wii Bowling (KR) 2:00-Conversation on Race 7:00-Movie (JR)</p>	<p>ROOM LOCATION KEY: OR=Oak Room JR=Jefferson Room KR=Kentucky Room DR=Dehoney Room WC=Wellness Center ML=Main Lobby RP=Reflecting Pool</p>