

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2019

## Treyton Oak Towers - Activity Calendar

Items highlighted in yellow this month are part of TOT's recognition of African American History Month.

<p>Van to Local Churches 2:30 -Movie (JR) <b>Super Bowl 53 Viewing Party</b> 6:30 - Jefferson Room</p> 	<p>9:30-Resident Board Mtg. (JR) 9:30-Coffee &amp; Donuts (OR) 10-Resident Council Mtg. (OR) 11:00-Grocery Shopping #1 (Goss Avenue Kroger) <b>2-"A Notion about Freedom: York of the Lewis and Clark Expedition (OR)</b> 2:00-Grocery Shopping #2 (Goss Avenue Kroger) 2:00-TOT Bible Study (KR) 7:30-Berlin Philharmonic (JR)</p>	<p><b>First Financial Bank - 9 to 11</b> 9:30-Exercise Class (OR) 10:00-Tai Chi (DR) 11:00-Rock Steady Boxing (OR) 1:30-Sit and Fit Class (OR) 1:45-Book Ladies (KR) 2:00-New Resident Meeting (DR) 2:30-Book Club (KR) 2:30-Knitting Group (ML) 2:30-Video Lecture Series (JR) 7:00-Video Lecture Repeat (JR) <i>Chinese New Year</i></p>	<p>9:30-Flexercise Class(OR) 10:15-Yoga Stretch (DR) 11:00-Devotion with Deacon Bill Klump (OR) 11:00-AAUW Program (JR) "The Hill Sisters: Happy Birthday and Louisville Kindergartens" 1:00-Blood Pressure Clinic (WC) 2:00-BUNCO (KR) 7:00-Great Drama Series (JR) Shakespeare's <i>Henry the IV</i> (Part1)</p>	<p><b>First Financial Bank - 9 to 11</b> 9:00-Depart for Aquatics Class 9:30-Exercise Class (OR) 11:00-Fight Back with Fitness 11:00-Shopping at Walgreens 1:30-Sit and Fit Class (OR) <b>2:00-2018 US &amp; Kentucky Tax Seminar (JR)</b> 2:00-Scrabble (KR) 7:00-Movie (JR)</p>	<p><b>First Financial Bank - 9 to 11</b> 9:30-Flexercise Class (OR) 10:00-Grocery Shopping (Goss Avenue Kroger) 10:15-Yoga Stretch (OR) 10:30-Wii Bowling (KR) 12:00-Pizza Party (OR) 1:30-BINGO!!! (OR) 7:00-Movie (JR)</p>	<p>9:30-Exercise Class (OR) 2:00-University of Louisville Men's Basketball (JR) U of L vs North Carolina 7:00-Movie (JR)</p> <p>Groundhog Day</p>
<p>Van to Local Churches ~<b>Sunday Brunch Buffet- 11:30 a.m. to 2:00 p.m.</b> 1:30-Ecuadorian Jazz Ensemble in Concert (OR) 2:30-Movie (JR) 7:00-Movie (JR)</p>	<p>9:30-Flexercise Class (OR) 10:00-Grocery Shopping #1 (Goss Avenue Kroger) 10:15-Yoga Stretch (OR) 10:30-Resident Art Class (Art Studio - Apt. 1204) 2:00-TOT Bible Study (KR) 2:00-Grocery Shopping #2 (Goss Avenue Kroger) 7:30-Berlin Philharmonic (JR)</p>	<p><b>First Financial Bank - 9 to 11</b> 9:30-Exercise Class (OR) 10:00-Tai Chi (DR) 11:00-Rock Steady Boxing (OR) 1:30-Sit and Fit Class (OR) 2:30-Knitting Group (ML) 2:30-Video Lecture Series (JR) 7:00-Video Lecture Repeat (JR) 9-U of L Men's Basketball U of L vs Duke (JR)</p>	<p>9:30-Flexercise Class(OR) 10:15-Yoga Stretch (DR) 11:00-Devotion with Dr. Jim Cobban (OR) <b>"Galentine's Day" Luncheon 12:00 Noon - Fleur de Lis DR</b>  1:00-Blood Pressure Clinic (WC) 7:00-Funny Bridge (DR)</p>	<p><b>First Financial Bank - 9 to 11</b> 9:00-Depart for Aquatics Class 9:30-Exercise Class (OR) 11:00-Fight Back with Fitness 1:30-Sit and Fit Class (OR) 2:00-Scrabble (KR) <b>Celebrate this special day with a Chocolate Lover's Dessert Buffet available at Lunch &amp; Dinner!</b> 7:00-Movie (JR)</p> 	<p><b>First Financial Bank - 9 to 11</b> 9:30-Flexercise Class (OR) 10:00-Grocery Shopping (Goss Avenue Kroger) 10:15-Yoga Stretch (OR) 10:30-Wii Bowling (KR) <b>1:30-Stretching the Mind with Natalie Wood, Manager of the Historic Western Library (OR)</b> 4:00-Shabbos Friends (KR) 7:00-Movie (JR)</p>	<p>9:30-Exercise Class (OR) 12:00-University of Louisville Men's Basketball (JR) U of L vs Clemson 2:00-Steffany Lein, University of Louisville Featured Twirler Program (OR) 7:00-Movie (JR)</p>
<p>Van to Local Churches 1:15-Depart for Kentucky Opera's <i>Rigalleto</i> 2:20-Depart for Chamber Music Society of Louisville <i>Berlin Philharmonic Wind Ensemble</i> 2:30-Movie (JR) 7:00-Movie (JR)</p>	<p>8:30-Dr. Scott, Podiatrist (KR) 9:30-Flexercise Class (OR) 10:00-Grocery Shopping #1 (Goss Avenue Kroger) 10:15-Yoga Stretch (OR) 2:00-TOT Bible Study (KR) 2:00-Grocery Shopping #2 (Goss Avenue Kroger) 4:30-Dinner at Ruth's Chris Steakhouse 7:30-Berlin Philharmonic (JR) <i>Presidents' Day (US)</i></p>	<p><b>First Financial Bank - 9 to 11</b> 9:30-Exercise Class (OR) 10:00-Tai Chi (DR) 11:00-Rock Steady Boxing (OR) <b>Parkinson's Support Group 1 to 2:30 p.m. - Dehoney Room</b> 1:30-Sit and Fit Class (OR) 2:30-Knitting Group (ML) 2:30-Video Lecture Series (JR) 7:00-Video Lecture Repeat (JR) <b>7:00-The Whiting's present: Nashville to Vaudeville(OR)</b></p>	<p>9:30-Flexercise Class(OR) 10:15-Yoga Stretch (DR) 11:00-Devotion with Rev. Brian Ebel (OR) 12:00-February Birthday Lunch 1:00-Blood Pressure Clinic (WC) 2:00-BUNCO (KR) 2:00-Catholic Mass (3<sup>rd</sup> Floor) 7:00-Ostling's Night at the Opera <i>The Three Tenors</i></p>	<p><b>First Financial Bank - 9 to 11</b> 9:00-Depart for Aquatics Class 9:30-Exercise Class (OR) 11:00-Fight Back with Fitness 1:00-Shopping at Mall St. Matthews 1:30-Sit and Fit Class (OR) 2:00-Scrabble (KR) <b>7:00-Friends of the School of Music Program (OR) Prof Anna Petrova - Piano</b></p>	<p><b>First Financial Bank - 9 to 11</b> 9:30-Flexercise Class (OR) 10:00-Grocery Shopping (Goss Avenue Kroger) 10:15-Yoga Stretch (DR) 10:30-Wii Bowling (KR) <b>10:30-Central High School Choir in Concert (OR)</b> <b>2-Conversation on Race (OR)</b> 7:00-Movie (JR)</p>	<p>9:30-Exercise Class (OR) 12:00-University of Louisville Men's Basketball (JR) U of L vs Virginia 7:00-Movie (JR)</p>
<p>Van to Local Churches ~<b>Sunday Brunch Buffet- 11:30 a.m. to 2:00 p.m.</b> 2:00-"Hora Certa" In Concert (OR) 2:30-Movie (JR) 7:00-Movie (JR)</p>	<p>9:30-Flexercise Class (OR) 10:00-Grocery Shopping #1 (Goss Avenue Kroger) 10:15-Yoga Stretch (OR) 10:30-Resident Art Class (Art Studio - Apt. 1204) 1:30-BINGO!!! (OR) 2:00-TOT Bible Study (KR) 2:00-Grocery Shopping #2 (Goss Avenue Kroger) 7:30-Berlin Philharmonic (JR)</p>	<p><b>First Financial Bank - 9 to 11</b> 9:30-Exercise Class (OR) 10:00-Tai Chi (DR) 11:00-Rock Steady Boxing (OR) 1:30-Sit and Fit Class (OR) 2:30-Knitting Group (ML) 2:30-Video Lecture Series (JR) 7:00-Video Lecture Repeat (JR) <b>River Cities Concert Band 7:00 p.m. - Oak Room</b></p>	<p>9:30-Flexercise Class(OR) 10:15-Yoga Stretch (DR) 11:00-Devotion with Cody Nygard (OR) 1:00-Blood Pressure Clinic (WC) 2:00-Circle of Compassion Meeting (KR) 7:00-Funny Bridge (DR) 9:00-U of L Basketball vs Boston College (JR)</p>	<p><b>First Financial Bank - 9 to 11</b> 9:00-Depart for Aquatics Class 9:30-Exercise Class (OR) 11:00-Fight Back with Fitness 11:00-Depart for Lunch at Mimi's Cafe 1:30-Sit and Fit Class (OR) 2:00-Scrabble (KR) 7:00-Movie (JR)</p>	<p><b>Room Location Key:</b> JR=Jefferson Room OR=Oak Room KR=Kentucky Room DR=Dehoney Room WC=Wellness Center FDR=Fleur de Lis Dining Room 3<sup>rd</sup> Floor=3<sup>rd</sup> Floor Activity Room</p> 	