

ROCK THOSE GOLDEN YEARS

MORE THAN YOU IMAGINE. FOR LESS THAN YOU THINK.

Imagine a vibrant retirement community nestled in the very heart of Old Louisville. Imagine that it offers everything you might want or need, in a setting that effortlessly blends excitement, elegance and comfort.

Treyton Oak Towers is all that you imagine and more. We combine every conceivable amenity with a complete continuum of care — all in a warm, friendly and secure environment, and all for less than many of the other choices available in the region.

A CHOICE FOR EVERY LIFESTYLE.

For the independent person who simply wants to enjoy retirement without all of the chores that a house entails, we offer carefree living with every comfort, the perfect social setting to meet new friends, free transportation to nearby performing arts venues, dining, shopping and more.

For those who require some level of care, we provide everything from rehabilitation services and skilled nursing care to personal care for daily living.

Our professional staff is truly devoted to the health and happiness of those who live here. Each person here goes the extra mile to create a warm, caring environment. Smiles and hugs abound at Treyton Oak Towers, and constant attention is given to discovering new ways to make daily life more enjoyable.

AMENITIES GALORE.

In addition to beautiful, spacious apartment homes, every resident at Treyton Oak Towers enjoys access to:

- Washers and dryers on every floor
- Loving, professional staff who take the time to make a difference
- Nutritious, delicious, chef-prepared meals served in our beautiful Fleur de Lis dining room
- Housekeeping and maintenance services for a worry-free lifestyle
- Scheduled transportation for attending medical appointments and local shopping and events
- Our rooftop deck with a stunning view of the Louisville skyline
- Wellness Center featuring exercise equipment, lockers, showers, dressing area
- Aquatic Therapy program
- Massage suite
- Greenhouse
- Art studio
- A full calendar of engaging activities from concerts and lectures to gallery tours, movies and more
- Peace of mind from knowing that Personal Care and Skilled Nursing Care are available on-site
- Luxurious lounge areas for socializing with family, friends and visitors
- Beauty salon and bank branch conveniently located in our building
- 24 hour-a-day emergency response system
- Daily “Up & About” monitored system for your safety and peace of mind

INDEPENDENT LIVING

An increasing number of retirees are looking for a lifestyle that's free from all the duties and responsibilities of maintaining a home, so they can spend that time simply enjoying all that life has to offer.

For them, Treyton Oak Towers offers apartment living with all the comforts of home – and without the daily demands and worries of a house and yard. Choose from 13 one or two bedroom plans, all available with wall-to-wall carpeting, draperies and completely equipped kitchens, plus:

- Bright spacious apartment homes featuring carpeting and draperies
- Full size kitchen appliances
- Individual heat/air conditioning controls
- Ample closet space and personal storage area
- Emergency call signal in each bath and bedroom
- All utilities furnished (excluding telephone and cable TV)
- Your choice of lunch or dinner, served daily in gracious surroundings
- Housekeeping service twice each month
- Flat laundry service once each week
- Transportation to banks, churches, shopping, and outside activities

PERSONAL CARE

If you require a little help with your daily living activities, Treyton Oak Towers offers outstanding licensed personal care/assisted living style apartments. Enjoy all the warmth of home, and the assistance you need to make life secure and comfortable.

Whether you need a hand getting out of the shower, help with medications or some assistance getting dressed, we offer around-the-clock support from a staff that is truly dedicated to your comfort and care.

In addition to the comforts featured in all of our apartments, you'll have access to:

- 24-hour nursing care and assistance with bathing, dressing, medications, etc.
- Breakfast, lunch and dinner provided
- Daily activities planned by a full-time activities supervisor
- Weekly housekeeping
- Prompt, courteous maintenance personnel

SKILLED NURSING SERVICES

For those who require special attention and care, we provide a wide range of skilled services including 24-hour nursing care. Speech, physical and occupational therapy are available, as well as other services your doctor may order.

In addition to everything enjoyed by our independent living and personal care residents, our skilled nursing services include:

- 24-hour licensed nursing staff
- Full range of therapeutic services and restorative care:
 - › Physical
 - › Occupational
 - › Speech
- Personalized laundry services
- Housekeeping and linen services
- Cable access/telephone in resident rooms
- Ongoing quality assurance program
- Social services to assist with personal needs
- Individualized activities programs
- Registered dietitian
- Three meals per day including snacks
- Specialized menus to meet the dietary needs of each resident

SEE FOR YOURSELF.

Come to the heart of Old Louisville, and see everything Treyton Oak Towers offers. Visit treytonoaktowers.com or call (502) 589-3211 to schedule lunch and a tour.

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