


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	New Year's Day 1 Buffet 11:30 a.m. to 2:00 p.m. 7:30- Berlin Philharmonic New Year's Eve Concert(JR) <small>New Year's Day</small>	<small>Main Source Bank – 9 to 11</small> 2 9:00-Exercise Class (OR) 9:45-Tai Chi (OR) 10:00-Coffee with Terry (CR) 1:30-Sit and Fit Class (OR) 1:45-Book Lady (KR) *No Book Club today* 3:30-Video Lecture Series "War and World History" (JR) 9:00-U of L BB Game (JR)	3 9:30-Flexercise Class (OR) 10:15-Yoga Stretch (OR) *NO Devotion today* 1:00-Blood Pressure Clinic (WC) 3:00-TOT Bible Study 7-Great Drama Series (JR) Anton Chekhov "Three Sisters"	<small>Main Source Bank – 9 to 11</small> 4 9:00-Exercise Class (OR) 9:00-Aquatics Class 11:00-Shopping at Walgreens 1:30-Sit and Fit Class (OR) 2:00-Scrabble (KR) 7:00-Movie (JR)	<small>Main Source Bank – 9 to Noon</small> 5 9:30-Flexercise Class (OR) 10:00-Grocery Shopping (Kroger at 2 nd & Central) 10:15-Yoga Stretch (OR) 10:30-Wii Bowling (KR) 12-Papa John's Pizza (OR) 1:30-BINGO!!! (OR) 7:00-Movie (JR)	6 9:00-Exercise Class (OR) 12:00-U of L Basketball at Clemson (JR) 7:00-Movie (JR)
7 Transportation to Local Churches 2:30-Movie (JR) 7:00-Movie (JR)	8 9:30-Resident Bd. Mtg. (JR) 9:30-Coffee & Donuts (OR) 10:00-Resident Council (OR) 10:30-Resident Art Class (Art Studio – Apt. 1204) 11:00-Grocery Shopping #1 (Goss Avenue Kroger) 2:00-Grocery Shopping #2 (Goss Avenue Kroger) 2:00-Bunco (KR) 7:30-Berlin Philharmonic (JR)	9 <small>Main Source Bank – 9 to 11</small> 9:00-Exercise Class (OR) 9:45-Tai Chi (OR) 10:00-Coffee with Terry (CR) 1:30-Sit and Fit Class (OR) 2:00-"Take it Down" Party Un-Decorating the Lobby Tree 3:30-Video Lecture Series "War and World History" (JR)	10 9:30-Flexercise Class (OR) 10:15-Yoga Stretch (OR) 11:00-Devotion with Deacon Bill Klump (OR) 1-Blood Pressure Clinic (WC) 3:00-TOT Bible Study (KR) 6:30-Funny Bridge (KR) 9:00-U of L BB Game (JR)	11 <small>Main Source Bank – 9 to 11</small> 9:00-Exercise Class (OR) 9:00-Aquatics Class 11:00-Shopping at The Mall St. Matthews 1:30-Sit and Fit Class (OR) 2:00-Scrabble (KR) 7:00-Movie (JR)	12 <small>Main Source Bank – 9 to Noon</small> 9:30-Flexercise Class (OR) 9:30-Coffee Concert Bus #1 10:00-Coffee Concert Bus #2 10:15-Yoga Stretch (OR) 10:30-Coffee Concert Bus #3 10:30-Wii Bowling (KR) 2:00-Grocery Shopping (Kroger at 2 nd & Central) 7:00-Movie (JR)	13 9:00-Exercise Class (OR) 2:00-Movie (JR) 4:00-U of L Basketball vs Virginia Tech (JR) 7:00-Movie (JR)
14 Transportation to Local Churches ~Sunday Brunch Buffet~ 11:30 a.m. to 2:00 p.m. 2:30-Movie (JR) 7:00-Movie (JR)	15 9:30-Flexercise Class (OR) 10:00-Grocery Shopping #1 (Goss Avenue Kroger) 10:00-"I Have A Dream" (JR) 10:15-Yoga Stretch (OR) 2:00-Grocery Shopping #2 (Goss Avenue Kroger) 2:00-"I Have A Dream" (JR) 7:30-Berlin Philharmonic(JR) <small>Martin Luther King Day</small>	16 <small>Main Source Bank – 9 to 11</small> NO EXERCISE CLASS TODAY NO TAI CHI CLASS TODAY 10:00-Coffee with Terry (CR) 1:30-Sit and Fit Class (OR) 3:30-Video Lecture Series "War and World History" (JR) 7:00-U of L BB Game (JR)	17 9:30-Flexercise Class (OR) 10:15-Yoga Stretch (OR) 11:00-Devotion with Dr. Jim Cobban (OR) 1-Blood Pressure Clinic (WC) 2:00-Catholic Mass (3 rd Floor) 3:00-TOT Bible Study (KR) 7:00-Ostliing's Night at the Opera: <i>Rise & Fall of the City of Mahagonny</i>	18 <small>Main Source Bank – 9 to 11</small> 9:00-Exercise Class (OR) 9:00-Aquatics Class 1:00-Sit and Fit Class (KR) 1:30-Stretching the Mind with Doug Keeney (OR) 2:30-Scrabble (KR) 7:00-University of Louisville Music Students	19 <small>Main Source Bank – 9 to Noon</small> 9:30-Flexercise Class (OR) 10:00-Grocery Shopping (Kroger at 2 nd & Central) 10:15-Yoga Stretch (OR) 10:30-Wii Bowling (KR) 4:00-Shabbos Friends (KR) 7:00-Movie (JR)	20 9:00-Exercise Class (OR) 2:00-Movie (JR) 7:00-Movie (JR)
21 Transportation to Local Churches 12:00-U of L Men's Basketball (JR) 7:00-Movie (JR)	22 8:30-Dr. Scott, Podiatrist 9:30-Flexercise Class (OR) 10:00-Grocery Shopping #1 (Goss Avenue Kroger) 10:15-Yoga Stretch (OR) 10:30-Resident Art Class (Art Studio – Apt. 1204) 2:00-Grocery Shopping #2 (Goss Avenue Kroger) 2-Harry Pickens in Concert (OR) 7:30-Berlin Philharmonic(JR)	23 <small>Main Source Bank – 9 to 11</small> 9:00-Exercise Class (OR) 9:45-Tai Chi (OR) 10:00-Coffee with Terry (CR) Wellness Open House 10 a.m. to 1 p.m. 1:30-Sit and Fit Class (OR) 3:30-Video Lecture Series "War and World History" (JR)	24 9:30-Flexercise Class (OR) 10:15-Yoga Stretch (OR) 11:00-Devotion (OR) 12:00- Birthday Luncheon 1-Blood Pressure Clinic 1:30-Elder Council Meeting 3:00-TOT Bible Study 6:30-Funny Bridge (KR) 8:00-U of L BB Game (JR)	25 <small>Main Source Bank – 9 to 11</small> 9:00-Exercise Class (OR) 9:00-Aquatics Class 11-Brunch and Shopping at Cracker Barrel 1:30-Sit and Fit Class (OR) 2:00-Scrabble (KR) 7:00-Movie (JR)	26 <small>Main Source Bank – 9 to Noon</small> 9:30-Flexercise Class (OR) 10:00-Grocery Shopping (Kroger at 2 nd & Central) 10:15-Yoga Stretch (OR) 10:30-Wii Bowling (KR) 2:00-Conversation on Race (OR) 7:00-Movie (JR) <small>Australia Day</small>	27 9:00-Exercise Class (OR) 2:00-Movie (JR) 8:00-U of L Basketball vs Wake Forest (JR)
28 Transportation to Local Churches ~Sunday Brunch Buffet~ 11:30 a.m. to 2:00 p.m. 2:30-Movie (JR) 7:00-Movie (JR)	29 9:30-Flexercise Class (OR) 10:00-Grocery Shopping #1 (Goss Avenue Kroger) 10:15-Yoga Stretch (OR) 2:00-Grocery Shopping #2 (Goss Avenue Kroger) 2:00-Bunco (KR) 7:30-Berlin Philharmonic(JR)	30 <small>Main Source Bank – 9 to 11</small> 9:00-Exercise Class (OR) 9:45-Tai Chi (OR) 10:00-Coffee with Terry (CR) 1:30-Sit and Fit Class (OR) 3:30-Video Lecture Series "War and World History" (JR)	31 9:30-Flexercise Class (OR) 10:15-Yoga Stretch (OR) 11:00-Devotion (OR) 1-Blood Pressure Clinic 3:00-TOT Bible Study 7:00-U of L BB Game (JR)			

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