

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2018

Treyton Oak Towers – Activity Calendar

<p>Transportation to Local Churches 2:30-Movie (JR) 6:30-Super Bowl 52 Watch Party (JR)</p>	<p>9:30-Resident Bd. Meeting 9:30-Coffee & Donuts (OR) 10:00-Resident Council (OR) 11:00-Grocery Shopping #1 (Goss Avenue Kroger) 2:00-Grocery shopping #2 (Goss Avenue Kroger) 2:00-Harry Pickens in Concert (OR) 7:30-Berlin Philharmonic (JR)</p>	<p>Main Source Bank – 9 to 11 9:00-Exercise Class (OR) 9:45-Tai Chi (OR) 10:00-Coffee with Terry (CC) 11:00-Relax & Renew (JR) 1:30-Sit and Fit Class (OR) 1:45-Book Ladies (DR) 2:30-Book Club (DR) 3:30-Video Lecture Series "War and World History" (JR)</p>	<p>9:30-Flexercise Class (OR) 10:15-Yoga Stretch (DR) 11:00-Devotion with Chaplain Terry Emery (OR) 11:00-AAUW "Origins of Louisville Originals" (JR) 1-Blood Pressure Clinic (WC) 3:00-TOT Bible Study (KR) 7-Great Drama Series (JR) "MUCH ADO ABOUT NOTHING"</p>	<p>Main Source Bank – 9 to 11 9:00-Exercise Class (OR) 9:00-Aquatics Class 11:00-Depart for Lunch at Mimi's Cafe 1:30-Sit and Fit Class (OR) 2:00-Scrabble (KR) 7:00-U of L Men's Basketball vs Georgia Tech (JR)</p>	<p>Main Source Bank – 9 to Noon 9:30- Flexercise Class (OR) 9:30-Coffee Concert Bus #1 10:00-Coffee Concert Bus #2 10:15-Yoga Stretch (OR) 10:30-Coffee Concert Bus #3 2:00-Grocery Shopping (Goss Avenue Kroger) 7:00-Movie (JR)</p> <p><i>Groundhog Day</i></p>	<p>9:00-Exercise Class (OR) 2:00-Movie (JR) 4:00-U of L Bball (JR) vs Florida State 7:00-Movie (JR)</p>
<p>Transportation to Local Churches ~Sunday Brunch Buffet~ 11:30 a.m. to 2:00 p.m. 1:00-U of L Bball (JR) 2:20-Depart for Chamber Music Society Concert 7:00-Movie (JR)</p>	<p>9:30-Flexercise Class (OR) 10:00-Grocery Shopping #1 (Goss Avenue Kroger) 10:15-Yoga Stretch (OR) 10:30-Resident Art Class (Art Studio – Apt. 1204) 2:00-Grocery Shopping #2 (Goss Avenue) 2:00-BUNCO (KR) 7:30-Berlin Philharmonic (JR)</p>	<p>Main Source Bank – 9 to 11 Mardi Gras Breakfast 9 to 11 – Fleur de Lis DR 9:00-Exercise Class (OR) 9:45-Tai Chi (OR) 10:00-Coffee with Terry (CC) 11:00-Relax and Renew (JR) 1:30-Sit and Fit Class (OR) 3:30-Video Lecture Series "War and World History" (JR)</p> <p><i>Mardi Gras</i></p>	<p>Happy Valentine's Day! 9:30-Flexercise Class (OR) 10:15-Yoga Stretch (DR) 11-Ash Wednesday Service with Deacon Bill Klump (OR) 1-Blood Pressure Clinic (WC) 3:00-TOT Bible Study (KR) 6:30-Funny Bridge (DR)</p> <p><i>Valentine's Day</i></p>	<p>Main Source Bank – 9 to 11 9:00-Exercise Class (OR) 9:00-Aquatics Class 1:30-Sit and Fit Class (DR) "Let Me Call You Sweetheart! A Valentine's Program" with Jay Nelson & Mary Helen Zimmerman (OR) 3:00-Scrabble (KR) 7:00-Movie (JR)</p>	<p>Main Source Bank – 9 to Noon 9:30- Flexercise Class (OR) 10:00-Grocery Shopping (Goss Avenue Kroger) 10:15-Yoga Stretch (OR) 10:30-Wii Bowling (KR) 1:30-Stretching the Mind with Dr. "D" (Dr. Demetra Antimisiaris) 4:00-Shabbos Friends (KR) 7:00-Movie (JR)</p> <p><i>Chinese New Year</i></p>	<p>9:00-Exercise Class (OR) 2:00-Movie (JR) 8:00-U of L Bball (JR) vs North Carolina</p>
<p>Transportation to Local Churches 1:15-Depart for Kentucky Opera's "The Barber of Seville" 2:30-Movie (JR) 7:00-Movie (JR)</p>	<p>9:30-Flexercise Class (DR) 10:00-Grocery Shopping #1 (Goss Avenue Kroger) 10:15-Yoga Stretch (DR) 2:00-Grocery Shopping #2 (Goss Avenue) 4:30-Depart for Dinner at Red Lobster 7:30-Berlin Philharmonic (JR)</p> <p><i>Presidents' Day (US)</i></p>	<p>Main Source Bank – 9 to 11 9:00-Exercise Class (OR) 9:45-Tai Chi (OR) 10:00-Coffee with Terry (CC) 11:00-Relax and Renew (JR) 1:30-Sit and Fit Class (OR) 2:00-BINGO!!!! (OR) 3:30-Video Lecture Series "War and World History" (JR)</p>	<p>9:30-Flexercise Class (OR) 10:15-Yoga Stretch (DR) 11-Devotion with Jim Cobban 12-February Birthday Lunch 1-Blood Pressure Clinic (WC) 2:00-Catholic Mass 3:00-TOT Bible Study (KR) 7-Ostling's Night at the Opera Verdi's "La Traviata" (JR)</p>	<p>Main Source Bank – 9 to 11 9:00-Exercise Class (OR) 9:00-Aquatics Class 11:00-Shopping at Mall St. Matthews 1:30-Sit and Fit Class (DR) 2:00-Scrabble (KR) <i>Memorial Visitation for Larry Otto 2 to 3 – Oak Room</i> 7:00-Movie (JR)</p>	<p>Main Source Bank – 9 to Noon 9:30- Flexercise Class (OR) 9:30-Coffee Concert Bus #1 10:00-Coffee Concert Bus #2 10:15-Yoga Stretch (OR) 10:30-Coffee Concert Bus #3 10:30-Wii Bowling (KR) 2-Conversation on Race (OR) 2:00-Grocery Shopping (Goss Avenue Kroger) 7:00-Movie (JR)</p>	<p>9:00-Exercise Class (OR) 1:00-U of L Bball (JR) at Virginia Tech 7:00-Movie (JR)</p>
<p>Transportation to Local Churches ~Sunday Brunch Buffet~ 11:30 a.m. to 2:00 p.m. 2:30-Movie (JR) 7:00-Movie (JR)</p>	<p>8:30-Dr. Scott, Podiatrist (KR) 9:30-Flexercise Class (OR) 10:00-Grocery Shopping #1 (Goss Avenue Kroger) 10:15-Yoga Stretch (OR) 10:30-Resident Art Class (Art Studio – Apt. 1204) 2:00-Grocery Shopping #2 (Goss Avenue) 2:00-BUNCO (KR) 7:30-Berlin Philharmonic (JR)</p>	<p>Main Source Bank – 9 to 11 9:00-Exercise Class (OR) 9:45-Tai Chi (OR) 10:00-Coffee with Terry (CC) 11:00-Relax and Renew (JR) 1:30-Sit and Fit Class (OR) 3:30-Video Lecture Series "War and World History" (JR) 7:00-Friends of the School of Music Program (OR)</p>	<p>9:30-Flexercise Class (OR) 10:15-Yoga Stretch (DR) **No Devotion Today** 11:00-The Second Act presents: "America on Broadway" (OR) 1-Blood Pressure Clinic (WC) 1:30-ElderCounsel Meeting 3:00-TOT Bible Study (KR) 6:30-Funny Bridge (DR)</p>	<p style="text-align: center;">Treyton Oak Towers 211 West Oak Street Louisville, Kentucky 40203 (502)589-3211</p>		