

# Retire to a Richer Life.

## Just Imagine...

Imagine a retirement community nestled into the very heart of Old Louisville, providing everything a person might need in a setting that effortlessly blends elegance and comfort. For over 30 years, Treyton Oak Towers has provided all that and more, offering every conceivable amenity with a complete continuum of care in a warm, friendly and secure environment — all for less than many of the other options available in the region.

Why choose Treyton Oak Towers? Several reasons, all of which you can explore here. For the independent person who simply wants to enjoy retirement without all of the chores that a house entails, we offer carefree apartment living with every comfort. It's the perfect social setting to meet old friends and new, with free transportation to nearby performing arts venues, dining, shopping and more. For those who require an additional level of care, we provide everything from skilled nursing care to personal care for daily living.

Our professional staff is truly devoted to the health and happiness of those who live here. Each person here goes the extra mile to create a warm, caring environment.

Smiles and hugs abound at Treyton Oak Towers, and constant attention is given to discovering new ways to make daily life more enjoyable.

As you tour our facilities, you'll see that we've gone to great lengths to place every amenity at your fingertips. Our community here includes a dedicated bank branch with ATM, a dental practice, beauty salon, a fitness center, a massage suite and much, much more. Beyond those, we take immense pride in the surroundings here, and work continually to make living at Treyton Oak Towers a true delight.

A full continuum of care, a staff devoted to you, an abundance of amenities and services, all in a warm, elegant setting — and all at a lower cost than many other choices who offer less. It adds up to the perfect solution for those looking for the ideal retirement community.

So relax and introduce yourself to Louisville's finest senior living community and to the many exciting choices available to you at Treyton Oak Towers.

## So Much To Enjoy

There's always something nice happening at Treyton Oak Towers. We've created and nurtured a community where it's easy to make new friends and share wonderful experiences together.

Residents frequently enjoy scheduled outings, exercising and playing cards with friends, as well as the convenience of weekly shopping trips and onsite bank, beauty and barber services.

We're particularly proud of our beautifully appointed dining room where our staff serves meals that are delicious and nutritious. But it's our considerate staff that truly makes Treyton Oak Towers special. Many of these hard working professionals have been with us for years, and they take great pride in the care they provide to our residents.

Whether it's prompt and courteous service in the dining room or help with carrying groceries, the staff at Treyton Oak Towers is always here for you.

## Elegant Dining... And So Much More

Come experience elegant living at Treyton Oak Towers, and you'll find just the lifestyle you've been searching for. Every day, our chefs create mouth-watering culinary delights, served to you in the sunlit warmth of our beautifully-appointed Fleur de Lis dining room.

Our driver will take you grocery shopping, to the mall or to doctors' appointments during scheduled trips. Enjoy a game of bridge, or attend one of our many events and performances — all in one gracious setting.

Residents receiving personal care services enjoy three nutritious meals daily and have access to our 24-hour care staff for assistance with bathing and dressing, and to ensure that medications are taken on a timely basis. We also work with residents to coordinate transportation and assist with referrals and resources.

For those requiring a skilled nursing facility, the nursing center at Treyton Oak Towers offers a full range of therapeutic and rehabilitation services.

Tour our beautiful community. Compare our services and our prices to those found at other communities and you'll realize that elegant living isn't gone...it's alive and well at Treyton Oak Towers.

# Three Levels of Service & Care

Everyone's needs change as the years go by, and that can be especially true during the retirement years. Treyton Oak Towers is designed specifically to meet those changing needs, so that you can continue to live in the same warm, caring environment, regardless of how your circumstances may change.

Because we provide a complete continuum of care, you can choose us for independent apartment living, knowing that personal and skilled nursing care will always be available should the need arise in the future. Our staff can even help monitor your needs to make certain you're receiving an appropriate level of care.

## Apartment Homes

Choose from 13 different one- or two-bedroom floor plans, all available with wall-to-wall carpeting, draperies and completely equipped kitchens. Our apartments allow residents to enjoy community life while still providing a high degree of privacy.

## Personal Care

If you need assistance with daily living activities, you're going to appreciate the warm and caring professionals who provide these services at Treyton Oak Towers. Whether you need a little help getting out of the shower, help with medications or some assistance getting dressed, we offer around-the-clock support.

## Skilled Nursing Services

For those residents who require special attention and care, we provide a wide range of skilled services including 24-hour nursing care. Speech, physical and occupational therapy are available as well as other services ordered by a physician. For today and tomorrow, the Treyton Oak Towers tradition makes this community the right home for you or for someone you love.

# Oak Branch Companions

## SOCIALIZATION

- Accompany you to activities, religious services
- Transportation to local restaurants

## DESTINATION OUTINGS

- Bernheim fall colors, museum tours
- Shopping mall excursions
- Coffee Concert Series, sporting events

## HOMEMAKER SERVICES

- Ironing, laundry, organizing closets
- Preparing meals, grocery shopping
- Organizing mail, bill paying and letter composition

## COMPANIONSHIP

- Personalized companion to doctor appointments
- Accompany you to hair salons and personal appointments
- Banking and business appointments

# Life At Treyton Oak Towers

## Other Services and Amenities

- 24-hour emergency nursing service
- 24-hour security
- Daily well-being checks
- Prompt, courteous maintenance personnel
- Wellness Center featuring exercise equipment, lockers, showers, dressing area
- Private dining room for personal entertaining and meetings
- Daily activities planned by our Director of Activities
- Convenience Market open Monday through Friday
- Full-service bank branch with notary
- Library, game rooms and meeting space
- Full service hair salon with manicurist
- Guest rooms, sunlit patios and scenic rooftop deck
- Greenhouse and art studio
- Full service dental office
- Massage suite with masseuse on site

# Life At Treyton Oak Towers

## Personal Care

For those who seek a little help with their daily living activities, Treyton Oak Towers offers outstanding licensed personal care / assisted living style apartments. The spacious accommodations allow our residents to have all the warmth of home, with assistance to make life secure and comfortable.

- Bright, spacious apartment homes featuring...
- Carpeting and draperies
- Full size kitchen appliances
- Individual heat / air conditioning controls, smoke detectors
- Ample closet space and personal storage area
- Emergency call signal in each bath and bedroom
- 24-hour nursing care and assistance with bathing, dressing, medications, etc.
- Breakfast, lunch and dinner provided
- All utilities furnished (excluding telephone and cable TV)
- Daily activities planned by a full-time activities supervisor
- Weekly housekeeping and flat laundry service
- 24-hour security
- Prompt, courteous maintenance personnel
- Wellness Center and Masseur
- Access to convenience store, hair salon and bank
- Guest rooms, deck and greenhouse
- Dentist

# Life At Treyton Oak Towers

## Residential Services

- Bright, spacious apartment homes featuring carpeting and draperies
- Full size kitchen appliances
- Individual heat / air conditioning controls
- Ample closet space and personal storage area
- Emergency call signal in each bath and bedroom
- All utilities furnished (excluding telephone and cable TV)
- Your choice of lunch or dinner, served daily in gracious surroundings
- Housekeeping service twice each month
- Flat laundry service once each week
- Transportation furnished to banks, churches, shopping and outside activities
- Covered, reserved and valet parking

## Skilled Nursing Services

For over 30 years, Treyton Oak Towers has rendered superior 24-hour nursing care and a wide range of rehabilitation services.

- 24-hour licensed nursing staff
- Full range of therapeutic services and restorative care:
  - › Physical
  - › Occupational
  - › Speech
- Personalized laundry services
- Housekeeping and linen services
- Cable access / telephone in resident rooms
- On-going quality assurance program
- Social services to assist with personal needs
- Individualized activities and programs
- Registered dietitian
- Three meals per day including snacks
- Specialized menus to meet the dietary needs of each resident

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